

CONNECT WITH BRAHMA KUMARIS

Learn Meditation: Brahma Kumaris centres worldwide offer a weekly foundation course in RajYoga Meditation, one hour a day for the duration of a week. Find your nearest Brahma Kumaris centre at or learn online at www.learnmeditationonline.org

Peace of Mind Channel: Watch Awakening with Brahma Kumaris and other spiritual shows on this 24/7 TV Channel on Tata Sky, Reliance, Videocon, Hathway and www.pmtv.in.

Receive Thought for Today: Start your day with a valuable thought, Receive a Pearl of Wisdom in your Inbox daily, subscribe at www.brahmakumaris.org

TRANSPORT WING ACTIVITIES

Railways: We offer training programmes on topics like Stress Management, Building Harmonious Relationships, Value for Values and other topics, besides other awareness activities like de-addiction camps, safety exhibitions, health check-up camps etc.

Roadways: We conduct Training Programmes, Quiz Contests, Awareness Drives, Competitions, Educational Programmes, health check-up camps, de-addiction campaigns, social media campaigns pictorial exhibitions to share Public Interest Messages and various other activities addressing the important cause of road safety.

Tourism: We facilitate Spiritual Tourism by welcoming tourists to take a recreational break by visiting Brahma Kumaris retreat centers and experiencing peace and happiness through meditation.

'Speed, Safety, Spirituality'

25th to 29th September 2015

PROGRAMME SCHEDULE

FRIDAY, 25TH SEPTEMBER, 2015

07:00 am	Health in your Hands
9.30am-01.45pm & 04.00-5.00pm	Registration
05:00 pm	Inaugural Session

SATURDAY, 26TH SEPTEMBER, 2015

07:00 am	Meditation Session -1 - Know the Eternal Traveler
09.30 am	Technical Session -1 Meeting Pressures with Pleasure
11.30 am	Technical Session -2 Spiritual Life-Skills for Safety
04.30 pm	Group Dynamics with Games
06.15 pm	Meditation - Traffic Control of the Mind
08.45 pm	Cultural Evening

SUNDAY, 27TH SEPTEMBER, 2015

07:00 am	Meditation Session -II The Eternal Companion
09.30 am	Technical Session - 4 Kindling Self-Motivation
11.30 am	Celebrating UN World Tourism Day - in a Spiritual Way
04.30 pm	Technical Session - 5 Service with a Smile
06.00 pm	Meditation - Exploring Inner World of Silence
08.45 pm	Memory Management

MONDAY, 28TH SEPTEMBER, 2015

07:00 am	Meditation Session - III Rajyoga - the Journey to regain Inner Powers
09.30 am	Technical Session -5 Purpose of Life
11:00 am	Experience Sharing and Q & A
12:00 noon	Lunch followed by - Sight Seeing - Abu Darshan

TUESDAY, 29TH SEPTEMBER, 2015

07:00 am	Meditation Session - IV Journey towards A Golden Era Good bye for a New Beginning
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13TH NATIONAL CONFERENCE-CUM-MEDITATION RETREAT

'Speed, Safety, Spirituality'

25TH TO 29TH SEPTEMBER 2015
Shantivan, Abu Road, Rajasthan.

Organised by:
Transport & Travel Wing,
RajYoga Education and Research Foundation &
Brahma Kumaris

International Headquarters :
Pandav Bhawan, Mount Abu - 307 501, Rajasthan.

WHY PARTICIPATE? KNOW THE BENEFITS:

This conference cum retreat has been organized to enable participants to find time and space to explore the missing links between Speed and Safety. It is designed to help one develop the skill of keeping calm, composed and relaxed, even at fast times by revisiting the landscape of spiritual wisdom. It creates an opportunity to learn the art of ancient Rajyoga meditation in the guidance of experienced spiritual mentors. The regular practice of Rajyoga meditation facilitates inner healing, enhances awareness, improves mutual understanding and fosters harmonious growth.

This small interval in time can prove to be the turning point in the expedition of your life. We cordially welcome you to this retreat to relax, refresh, and recharge.

WHO CAN PARTICIPATE?

This programme is an invitation to all professionals from Transport, Travel and Tourism sectors. We invite Leaders, Bureaucrats, Executives and Administrators to add value to the event and show the course for practical application of spiritual wisdom. Managers, Officers, Entrepreneurs, Business Heads, Owners, Operators, Trainers and support staff are invited to become skilled at the art of blending spiritual ethics with professional expertise.

HOW TO JOIN? REGISTER YOURSELF:

Participation in the event is available by prior registration on a first-come, first-serve basis.

To register, please visit:
www.wheelsforpeace.org/Conference2015

Any registration may be considered as final only after you receive a note of approval from the wing office. If you may choose to register offline, then you may submit the registration form to nearest Brahma Kumaris centre.



Pitashree Brahma Baba
Founder of
Brahma Kumaris



Dadi Janki
Chief of
Brahma Kumaris

INQUIRIES:

Chairperson:

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National Co-ordinator:

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ABOUT US

TRANSPORT & TRAVEL WING

- One of the 19 wings of Rajyoga Education & Research Foundation - a sister organization of Brahma Kumaris.
- Offers voluntary activities to personnel associated with transport, travel, tourism sectors.
- Aims to strengthen the foundation of human values, to maximize efficiency alongside sense of satisfaction, by organizing professional trainings, seminars, conferences and other programmes.
- Has been actively addressing key issues like safety, travel-stress, addictions and travel ethics since 14 years.

BRAHMA KUMARIS

- An international socio-spiritual organization established in 1936
- More than 9000 branches across 137 countries
- International Headquarters' at Mount Abu, Rajasthan
- An NGO member of the UN; has general consultative status with ECOSOC and UNICEF
- Recipient of one International and six national peace messenger awards
- Aims at World Transformation through Self-Transformation