

Invitation to personnel from Transport, Travel and Tourism sectors

This programme is designed to enable one to enhance relationships, re-discover the joy of human values at work and shine in the light of challenges. We invite Leaders, Bureaucrats, Executives and Administrators to inspire by example and show the course for practical application of spiritual wisdom. Managers, Officers, Entrepreneurs, Business Heads, Owners, Operators, Trainers, and support teams are invited to become skilled at the art of blending spiritual knowledge with professional expertise. This golden opportunity is available through pre-registration on a first-come, first-serve basis.

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Programme Schedule

(Tentative)

Friday, 18th July 2014

07.00 am	Positive Thinking
9.00 am - 5.00pm	Registration
05:00 pm	Overview of the Seminar
05:30 pm	Inaugural Session

Saturday, 19th July 2014

07.00 am	Meditation Session 1 - The Eternal Traveller
09.30 am	Tech. Ses. 1- Safety through Spiritual Life-Skills
11.30 am	Tech. Ses. 2 - Attitude determines Altitude
04.30 pm	Group Dynamics with Games
06.00 pm	Tech. Ses. 3 - Making Work a Pleasure
08.45 pm	Cultural Evening

Sunday, 20th July 2014

07.00 am	Meditation Session 2 - The Eternal Companion
09.30 am	Tech. Ses. 4 - Kindling Self-Motivation
11.30 am	Meditation - The Power of Silence
04.30 pm	Tech. Ses. 5 - Building Harmonious Relationships
06.00 pm	History of Brahma Kumaris
08.45 pm	Memory Management

Monday, 21st July 2014

07.00 am	Meditation Session 3 - Rajyoga – The Journey to regain Inner Powers
09.30 am	Experience Sharing and Q & A
12.00 noon	Lunch followed by Sight Seeing

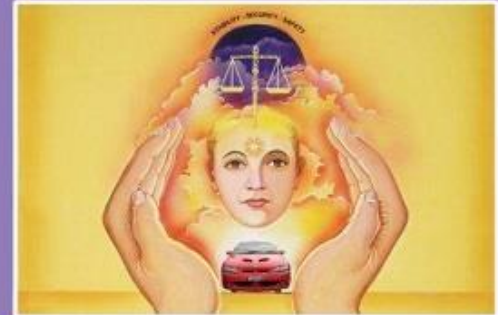
Tuesday, 22nd July 2014

07.00 am	Meditation Session 4 - Journey towards A Golden Era
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Good Bye for a New Beginning...

Speed, Safety, Spirituality

National Conference cum Meditation Retreat



18 JULY to 22 JULY 2014

Academy for a Better World, Gyan Sarovar, Mount Abu



Organised by:

Transport and Travel Wing, RERF &
Brahma Kumaris

International Headquarters:
Pandav Bhawan, Mount Abu - 307 501, Rajasthan

www.wheelsforpeace.org
www.brahmakumaris.org

Speed, Safety, Spirituality

Speed is essential in many aspects of business, and is often used as a measure of performance in communications, travel, transportation and logistical services, among other things. We often consider covering the greatest distance in the shortest amount of time as progress, but that can sometimes be a modern-day desire rather than a true need. Is our need for speed overreaching our capacity to provide it safely, especially when related to human, physical and environmental resources? Is it possible for safety and speed to coexist?

The link between speed and safety is one that needs exploration. We need to develop ways to stay composed, calm and relaxed in a characteristically busy lifestyle. One way to do this is through spiritual awareness and wisdom that generates mutual understanding and fosters personal growth. If you want to find serenity amid a fast moving world, the Transport and Travel Wing invites you to participate in a refreshing National Seminar cum Meditation Retreat on the theme 'Speed, Safety, Spirituality'. Perhaps this small piece of time can be a turning point on your journey.

We welcome you to this experience and invite you to relax, refresh and recharge yourself.

GYAN SAROVAR - ACADEMY FOR A BETTER WORLD



◆ Thought for Today:

Start your day with a valuable thought, Receive a Pearl of Wisdom in your Inbox daily, subscribe at www.brahmakumaris.org

◆ Learn Meditation:

Brahma Kumaris centres worldwide offer a foundation course in RajYoga Meditation, one hour a day for a week. This course serves as a gateway to the journey of self-transformation, reveals the Secrets of Self and Supreme, explains interesting details of the Cycle of Time, renders ability to reconcile relationships and explains the Art of Relaxation through Meditation. Find your nearest centre at www.brahmakumaris.org

◆ Connect with BRAHMA KUMARIS

◆ Peace of Mind Channel:

This 24x7 TV Channel is dedicated to the cause of inner awakening and strengthening the moral fibre of society. Watch over DTH on Reliance (171), Videocon (697), Hathway (838) and online at www.pmtv.in

◆ Awakening with Brahma Kumaris:

This international daily TV talk show enables one to explore key issues from daily life and find practical spiritual solutions and insights based on the teachings of the Brahma Kumaris. It is aired on Aastha, Star Plus International, Peace of Mind, Sanskar channels. www.awakening.in



PRAJAPITA BRAHMA
FOUNDER FATHER



DADI JANKI
ADMINISTRATIVE HEAD



BRAHMA KUMARIS

- An international socio-spiritual organization established in 1936
- More than 9000 branches across 137 countries
- An NGO member of the UN and has consultative status with ECOSOC and UNICEF
- Recipient of one International and five national peace messenger awards
- Aims at World Transformation through Self Transformation



TRANSPORT AND TRAVEL WING

- One of the 18 service wings of RajYoga Education and Research Foundation (RERF) - a sister organization of Brahma Kumaris
- Offers voluntary services to personnel associated with transport, travel, tourism sectors
- Aims to strengthen the foundation of human values, to maximize efficiency with a sense of satisfaction by organizing professional trainings, seminars, conferences and other programmes
- Has been actively addressing key issues like safety, travel-stress, addictions and travel ethics since 14 years